



FACEBOOK GUIDE

Facebook is a photo and video sharing social networking service, where users can comment on posts and share links with friends.

You must be aged 13 or over to use Facebook

01

Photo & Video Sharing

Users can share photos, videos, links and status updates with their friends. Profiles and individual posts can either be private or public. Users can report and block inappropriate content.

02

Comments & Likes

Users can comment on or react to pictures, videos, links and statuses. Reactions includes Like, Love, Haha, Wow, Sad and Angry. Users can report comments which are unpleasant or make them feel uncomfortable.

03

Messenger

Facebook's private messaging feature is a standalone app. You can send private messages to one or more people. Messages from strangers are sent as requests which you can choose to read or block.

04

Groups & Pages

Groups are spaces for people with similar interests to discuss and share relevant posts. Groups can be public, private (request to join) or secret (invite only). You can like or follow a Page to get updates from businesses, organisations and public figures. Anyone with a Facebook account can create a Page or help manage one.

05

Stories

Similar to Instagram, these are 20-second photos & videos which are separate from your main content, and last for 24 hours. They show up in the Stories Feed along the top of your regular news feed.

06

Secret Conversations

Facebook Messenger's Secret Conversation function allows users to send encrypted messages. Users can time-limit their messages, which 'self-destruct' after the set amount of time, leaving no trace. Secret conversations can be screenshotted without the other person's knowledge.

07

Reporting a Secret Conversation

1. Open the secret conversation you want to report.
2. Tap the person's name at the top.
3. Scroll down and tap Something's Wrong.
4. Select a category to help us understand what's wrong.
5. Tap Send Feedback.
6. Tap Report Conversation > Report Conversation to send the conversation to review.

Note: People in secret conversations can set messages to disappear. You can report messages for a short time after they've disappeared.



Getting Help:

If social media has left you feeling depressed and anxious, or you have experienced any form of cyberbullying, you can talk to someone at ChildLine, a free confidential 24/7 helpline for children and young people. You can call 0800 1111 or chat online at www.childline.org.uk

(ChildLine is run by the NSPCC.)

